

✿ Cabled Mug-Hug ✿



Supply List:

- **Regular Gauge Loom with at least 10 pegs.**
*note: samples were knit on the round blue Knifty Knitter.
- **Tiny amount of Super Bulky #6 yarn.**
*note: Sample used GGH in Aspen...
- **Yarn needle, 6 mm Crochet Hook, Cable Needle, Scissors.**
- **2 Cute approx. 3/4" Buttons.**

***Note:

The simple nature of this project allows for easy applications of other purposes...such as:

- Fold one end over the other and stitch up the sides for a Cell Phone/I-Pod Caddy!
- Make it a touch longer for a Headband!
- Whatever your imagination thinks up! ;)



Pattern & Instructions Key	
Cast On (add new length of yarn to loom using number of pegs and method stated)	CO
Working Yarn (yarn connected to skein)	WY
E-Wrap Knit (method of knitting by wrapping each peg with WY while keeping connecting lines to the inside of loom.)	EW
Knit Off (lift bottom loop over top loop and off the peg to the inside of the loom)	KO
Knit (fine gauge method: lay WY across the outside of the loom, above current loops. Reach up through bottom loop with tool, snag WY and pull a new loop down through old loop. While holding new loop, KO old loop to the inside of the loom, then replace new loop onto peg. Adjust tension.)	K
Panel Knit (method of knitting a flat piece of knitted material by not joining in the round.)	PK
Purl (Lay WY across the outside of the loom, below current loops. Reach down through top loop with tool, snag WY and pull a new loop up through old loop. While holding new loop, KO old loop to the inside of the loom, then replace new loop onto peg. Adjust tension.)	P
Stitches	Sts
Bind Off (basic method: beginning with the end next to WY, knit pegs 1 & 2. Move the loop from peg 2 to peg 1, KO. Move the loop from peg 1 to peg 2. Knit peg 3. Move the loop from peg 3 to peg 2, KO. Move the loop from peg 2 back to peg 3...cont. till the WY is trimmed and pulled thru last loop. Cinch to secure.)	BO

Technique Links:

Video Links on Creating Cables by Isela Phelps can be found at:

<http://gettinitpegged.com/twisted-stitches/>

Highly recommended reading:

[Learn to Knit Cables on Looms](#) by Isela Phelps

Set Up:

•Chain CO one strand of WY, onto 10 pegs, working from left to right. You will knit the project in PK style, using the K St (not EW).

Espresso Hug:

• **Set up Rows:**

1. Rows 1 & 2: Slip turning peg, K1, P1, K4, P1, K2.
2. Slip turning peg, K1, P1, 4-st RC, P1, K2.

• Complete the Cable Pattern Steps 4 times.

• **Cable Pattern Steps:**

3. Rows 4-6: Slip turning peg, K1, P1, K4, P1, K2.
4. Slip turning peg, K1, P1, 4-st RC, P1, K2.
5. Rows 8-12: Slip turning peg, K1, P1, K4, P1, K2.
6. Slip turning peg, K1, P1, 4-st RC, P1, K2.

•Last Row: Slip turning peg, K1, P1, K4, P1, K2.

•Proceed to Button Loop BO step.

Mug Hug:

• **Set Up Rows:**

1. Rows 1 & 2: Slip turning peg, K1, P1, K4, P1, K2.
2. Slip turning peg, K1, P1, 4-st RC, P1, K2.

• Complete the Cable Pattern Steps 4 times.

• **Cable Pattern Steps:**

3. Rows 4-6: Slip turning peg, K1, P1, K4, P1, K2.
4. Slip turning peg, K1, P1, 4-st RC, P1, K2.
5. Rows 8-14: Slip turning peg, K1, P1, K4, P1, K2.
6. Slip turning peg, K1, P1, 4-st RC, P1, K2.

•Last Row: Slip turning peg, K1, P1, K4, P1, K2.

Button Loop BO:

•Use the Basic BO method as described in the Key, but follow these step for pegs 3 & 7:

1. After binding off pegs 1 & 2, EW peg 3, and KO. EW peg 3 again, and KO. In this way, complete a total of 5 sts. Place the 5th St on Peg 2, KO. Move loop back to peg 3.
2. Proceed with Basic BO until Peg 7. Repeat BO steps for Peg 3...then Basic BO to end.

•Weave in all ends, and sew buttons on other end to match button hole placement.