Set up Stitches (on back)

1. FRONT: Away from Loops, Slip OFF Needle
2. FRONT: Toward Loops, Keep ON Needle
3. BACK: Toward Loops, Slip OFF Needle
4. BACK: Away from Loops, Keep ON Needle

Looming Kitchener Stitch

Set Up

Divide live loops into 2 equal sides. Place evenly onto 2 knitting needles held parallel to one another, with right side of knitting facing out.

Insert yarn needle into the first loop on the needle closest to you (FRONT), pulling the needle in the direction TOWARD the knitting.

Insert the yarn needle into the first loop on the needle farthest from you (BACK), pulling the needle in the direction AWAY from the knitting.

Proceed to Steps 1-4

NOTE: make sure to pull your stitching around the front of the needles, rather than over the top of the needles throughout. This makes a clean, nearly invisible graft.