Scrubby-balls
(...or Kitchen Cookies & Bath Biscuits!)

This super fun and lightning-quick project is wonderful for clean up jobs in the kitchen, for body buffing in the bath, or make without tulle for cute coasters sets!

Supply List:

- Regular Gauge Loom with at least 6 pegs.
  *note: samples were knit on the round blue Knifty Knitter.
- Half of one ball of 100% Cotton Yarn.
  *note: Sugar & Cream was used in samples.
- Tulle trimmed to 1.5-2” width for a total of 8 yards.
- Yarn needle, 5.5-6.5 mm Crochet Hook, Scissors.
### Pattern & Instructions Key

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<thead>
<tr>
<th><strong>Pattern &amp; Instructions Key</strong></th>
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<tbody>
<tr>
<td><strong>Cast On</strong> (add new length of yarn using number of pegs and method stated)</td>
<td>CO</td>
</tr>
<tr>
<td><strong>Working Yarn</strong> (yarn connected to skein)</td>
<td>WY</td>
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<tr>
<td><strong>E-Wrap Knit</strong> (method of knitting by wrapping each peg with WY while keeping connecting lines to the inside of loom.)</td>
<td>EW</td>
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<tr>
<td><strong>Knit Off</strong> (lift bottom loop over top loop and off the peg to the inside of the loom)</td>
<td>KO</td>
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<tr>
<td><strong>Panel Knit</strong> (method of knitting a flat piece of knitted material by not joining in the round.)</td>
<td>PK</td>
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<tr>
<td><strong>Purl</strong> (Lay WY across the outside of the loom, below current loops. Reach down through top loop with tool, snag WY and pull a new loop up through old loop. While holding new loop, KO old loop to the inside of the loom, then replace new loop onto peg. Adjust tension.)</td>
<td>P</td>
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<tr>
<td><strong>Stitches</strong></td>
<td>Sts</td>
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<tr>
<td><strong>Slip Stitch</strong> (Simply means to skip the peg and not knit it- provides a nicely finished edging.)</td>
<td>SSSt</td>
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<tr>
<td><strong>Bind Off</strong> (basic method: beginning with the end next to WY, knit pegs 1 &amp; 2. Move the loop from peg 2 to peg 1, KO. Move the loop from peg 1 to peg 2. Knit peg 3. Move the loop from peg 3 to peg 2, KO. Move the loop from peg 2 back to peg 3...cont. till the WY is trimmed and pulled thru last loop. Cinch to secure.)</td>
<td>BO</td>
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### Wedge Instructions:

1. (right to left) SSSt, EW.
2. (left to right) SSSt, P.
3. (R-L) SSSt, EW, EW.
4. (L-R) SSSt, P, P.
5. (R-L) SSSt, EW, EW, EW.
6. (L-R) SSSt, P, P, P.
7. (R-L) SSSt, EW, EW, EW, EW.
8. (L-R) SSSt, P, P, P, P.
9. (R-L) SSSt, EW, EW, EW, EW, EW.
10. (L-R) SSSt, P, P, P, P, P.

- **Complete a total of 8 wedges.**

- **BO using Basic BO method.**

- Trim yarn ends to approx. 20”. Use to gather center, then continue to stitch 2 sides together using whatever binding method you prefer.

- Weave in all ends, trim close to project, and...

**Enjoy!**

### Technique Links:

- Make sure to check out the LAL Video Series for this project! [http://gettinitpegged.com/twisted-stitches/](http://gettinitpegged.com/twisted-stitches/)

### Set Up:

- Crochet CO 2 strands of WY held together with 1 strand of tulle, onto 6 pegs, working from left to right. You will knit the project in PK style, combining EW and P Sts.

- Make sure to Slip Stitch turning pegs in each row.